

Help us by the example of your Apostle Barnabas to be generous in our judgements and unselfish in our service ....

From the Collect for St Barnabas Day (11 June)

Joseph, a Levite from Cyprus, whom the Apostles called Barnabas (which means Son of Encouragement), sold a field he owned, and brought the money and put it at the Apostles' feet.

Acts 4:36

.... they sent Barnabas to Antioch. When he arrived and saw the evidence of the grace of God, he was glad, and he encouraged them all to remain true to The Lord with all their hearts.

Acts 12:22

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Barnabas Group

# The Barnabas Group Programme 2018

prayer.... faith

support

encouragement ....fellowship

## The Barnabas Group

The Barnabas Group aims to provide prayerful support and mutual help to those who live alone, who may have lost a spouse or loved one, or who are alone for any other reason.

We meet on the second Tuesday of each month at 10.30am at St Matthew's Church, Clarence Street, Cheltenham. We start with coffee, followed by a Bible reading, prayers, and Group notices. After these, we usually welcome a speaker on a topic of interest, finishing the meeting by 12noon. Sometimes instead of the meeting at St Matthew's Church we have an outing and lunch together at a suitable venue.

If you know someone who would like to join us, please do encourage them to come to one of our meetings. The Barnabas Group is open to anyone who feels that they are alone, including those caring for people at home and in need of a break, or indeed any others interested in sharing our Programme.

We have a Prayer Card with the names of each member listed through the days of the month, which enables us to pray for one another.

If you would like further information about the Barnabas Group you can contact one of the leaders as follows:

### **David & Margaret Towers**

Tel: 01242 693121 or David 07870666958  
or Margaret 07790536650  
email: dg.towers@yahoo.co.uk

### **Graham and Viv Larner**

Tel: 01242 242224 or 07979757302  
email: grahamlarner@hotmail.com

### **Moira Johnson**

Tel: 01242 224983  
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## Programme 2018

**January 9 Tuesday:** Coffee Morning in St Matthew's with Henry and Kathy Williams giving a talk about the next part of "Around the world in 71 days".

**February 13 Tuesday:** Coffee Morning in St Matthew's including a talk by Eleanor Wintersgill entitled "An idyllic life of opportunity working in the NHS".

**March 13 Tuesday:** Coffee Morning in St Matthew's including a talk by Ruth Richardson entitled "Life - behind bars".

**April 10 Tuesday:** Coffee Morning in St Matthew's with Henry Hopkins giving a talk "A snapshot of my life – Henry Hopkins".

**May 8 Tuesday:** Coffee Morning in St Matthew's followed by a session of sharing stories or poems or any other favourite reflections.

**June 12 Tuesday:** Coffee Morning in St Matthew's with Richard Morris giving a talk about "God's Wonderful Railway".

**July 10 Tuesday:** Outing on the Gloucestershire Warwickshire Steam Railway from the Cheltenham Racecourse to Broadway and back.

**September 11 Tuesday:** Coffee Morning in St Matthew's with Wendy Davies giving a talk entitled "A Time for Everything".

**October 9 Tuesday:** Coffee Morning in St Matthew's with a talk by Peter Wiles.

**November 13 Tuesday:** Coffee Morning in St Matthew's with a talk by Scott Sissons about "Working in Primary Schools in rural South Africa".

**December 11 Tuesday:** Christmas Lunch