

THE LONG TABLE CHELTENHAM

In partnership with



To order email us: cheltenham@thelongtableonline.com

Or call us on: 01242 323693

Hello from the Long Table Cheltenham!

We hope you're staying well through a challenging time for all, and finding hope amongst the uncertainties.

At The Long Table, we've always believed that everyone should have access to healthy, wholesome, lovingly made food.

No one left out.

Despite physical isolation, that belief hasn't changed.

Our **vision is still to see communities connected together** (maybe even deeper than before) **through lovingly made, locally produced, healthy and delicious food**. Whilst we may eat alone for now, once this storm has passed, we will feast together around a real life Long Table, and **we'd love for you to be a part of it!**

We've partnered with The Sober Parrot, an inspiring charity run café which works with people affected by addiction, or who have encountered significant challenge, and their professional chefs are cooking up a storm.

We've also partnered with charities, organisations, churches and social action groups to make sure we work together as a community – it's been a real team effort! So far in Cheltenham, we have **given out over 1,500 meals! Over 60% of those are free of charge**, including regular restocking of the **Cheltenham Hospital**, with **200 meals going out with CCP food deliveries weekly**, and **200 to St Pauls Church** to feed their local community.

We'd love you to be join us, and there are 3 main ways to do so. (see the back)

When you've tried your meals, please give us feedback! We'd love any recommendations and to hear what your favourites are (mine's the dahl...or fish pie!)

We look forward to hearing from you!

Love from, The Long Table Cheltenham



Want to order more? It's easy...

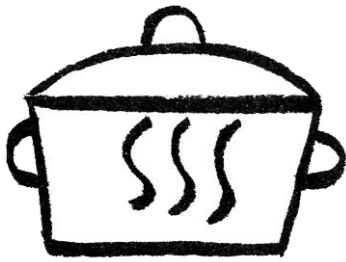
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"When this storm has passed, we will feast together!"

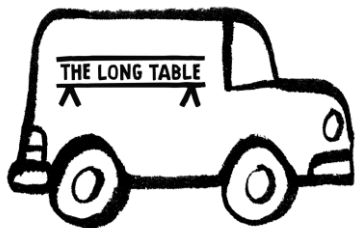
Please help us spread the word of The Long Table so that
“when this storm has passed, we will feast together”



**1. BUY 7 MEALS FOR £25
to enable others to eat for free**



**2. ASK 7 FRIENDS
to buy 7 meals each
(enjoy delicious food AND help
20+ others eat for free!)**



3. SHARE ON SOCIAL MEDIA!

 @longtableworld

 facebook.com/thelongtablecic

We are proud to be working with:

